



March 2020 Lunch Menu

The **FOOD FOR THOUGHT PROGRAM's** meals include the salad bar, milk, fresh fruit.

Lunch: Elementary \$3.25 Middle & High School \$3.50 Reduced Price: \$.40
Breakfast: Elementary \$1.75 Middle & High School \$2.00 Reduced Price: **FREE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Sloppy Joe with Local Beef and Normandy Veggies DF GF Modified	3 Jerked Spiced Chicken with Pineapple Salsa and Rice GF/DF	4 Broccoli Cheddar Soup with Fresh Baked Roll GF Modified	5 Crispy Chicken Ranch Wrap	6 Sausage and Three Cheese Lasagna
9 <u>Chef's Pasta</u> Hoisin Noodle Salad with Chicken DF	10 Chicken and Green Chile Enchilada	11 PIZZA DAY	12 BBQ Pulled Pork Sandwich with Coleslaw GF/DF Modified	13 HALF DAY
16 <u>Chef's Pasta</u> Mac and Cheese From Scratch	17 Chef Salad with Fresh Baked Roll GF Modified	18 HALF DAY	19 HALF DAY	20 HALF DAY
23 <u>Chef's Pasta</u> Penne Pasta Parmesan with Italian Sausage	24 Balsamic Chicken with Rice GF/DF	25 Hot Dog Day with Fixin's and Chips DF GF Modified	26 Creamy Tomato Soup with Cheesy Bread GF Modified	27 Orange Chicken and Vegetable Stir Fry with Rice DF
30 <u>Chef's Pasta</u> Spaghetti with Housemade Marinara	31 Chicken Fajita with Rice and Beans DF GF Modified	Start your day off right with BREAKFAST! Yogurt, Granola, Fresh Fruit and Milk are available everyday Monday - Friday. Hot Breakfast is served Tuesday - Friday. *If you qualify for reduced-price lunch, breakfast is FREE!*		Use Skyward to stay current on your student's lunch account, make payments online, monitor attendance & grades. Opt in for low food balance alerts!

Disclaimer: In our effort to provide tasty, fresh and healthful meals, we may make changes to the menu at **Chef Andy's** discretion.

Per State Auditor:
NO MEAL CHARGING ALLOWED
 Please keep current on your student's lunch account

ALLERGY ALERT!
 Please submit a Medical Form to the School Nurse

GLUTEN & DAIRY LABELS
 DF = dairy free
 GF= gluten free
Modified = DF or GF if a meal's component is not consumed

CARB COUNTS PROVIDED BY THE SCHOOL NURSE AVAILABLE ON THE FOOD SERVICE WEBSITE

This institution is an equal opportunity provider.